



WorldsYoga

MILPITAS

61 Serra Way
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milpitas.worldsyoga.com

2017 CLASS SCHEDULE - EFFECTIVE JULY 30TH

Please see our online live schedule for the latest updates

	MON	TUES	WED	THUR	FRI	SAT	SUN
Early AM						☀️ Hot Yoga Express 8:30 - 9:30am	
AM	Hatha Flow 9:30 - 10:45am	☀️ Vinyasa Flow 9:30 - 10:45am	☀️ Gentle Vinyasa 9:30 - 10:45am	☀️ Vinyasa Flow 9:30 - 10:45am		☀️ Vinyasa Fusion 9:45 - 11am	☀️ Gentle Vinyasa 9:30 - 10:45am
Noon	☀️ Vinyasa Flow 12 - 1pm	Gentle Yoga 12 - 1pm	☀️ Vinyasa Flow 12 - 1pm		Gentle Yoga 12 - 1pm	Kid's Yoga 6/10 - 9/16 (15 classes) 10 - 11am	
Afternoon							☀️ Vinyasa Flow 4:30 - 5:45pm
Evening							Meditation Free Class 5 - 5:45pm
	☀️ Vinyasa Fusion 5:45 - 7pm	☀️ VinyaRestore 5:45 - 7pm	Ashtanga Inspired 5:45 - 7pm	Gentle Yoga 5:30 - 6:45pm	☀️ Hot Yoga Express 5:45 - 6:45pm		Yin Yoga 6 - 7:30pm
	☀️ Vinyasa Power 7:15 - 8:45pm	☀️ Vinyasa Power 7:15 - 8:45pm	☀️ Power PIYO 7:15 - 8:45pm	☀️ Vinyasa Fusion 7:15 - 8:45pm	☀️ Hot Pilates 7 - 8pm		
	Gentle Yoga 7:30 - 8:45pm	☀️ Hot Yoga Express 7:30 - 8:30pm	Hotstone Restorative 7:30 - 8:45pm	☀️ Hot Yoga Express 7:30 - 8:30pm			

☀️ Indicates classes heated up to 80 degrees

☀️ Indicates classes heated up to 90 degrees

Get the Most out of Your Practice

- Be on your mat ready when class starts
- Don't leave class early
- Practice on an empty stomach
- Drink water before and after practice

Important to Note:

- Classes close 5 minutes past the start time or when full
- Phones must be switched off while in studio

New Student Special

- 15 Days* unlimited Yoga \$25

*15 Consecutive days

Arrive 15 minutes early on your 1st visit

Class Rates

- 1 Class: \$16** (Drop-in)
- 5 Classes: \$75** (valid 2 months)
- 10 Classes: \$130** (valid 5 months)
- 20 Classes: \$240** (valid 10 months)
- 30 Classes: \$330** (valid 12 months)
- 60 Classes: \$600** (valid 18 months)

One Month Unlimited is \$129**

** valid at the studio it is purchased at

WY Membership is \$109[^]

- Unlimited access to all WY studios
- 10% off Retail
- 10% off events, workshops & series
- Bring 3 new guests per month

[^] per month; 3 months minimum commitment w/monthly auto renewal; 30 day cancellation notice required. 2 hold/year (1st free, 2nd \$35)

- Seniors (over 65)/Full-time College Students: 20% off full prices (Proof Required)
- All offers subject to change without notice
- All Sales are final and not refundable